What you see is the 2011-2012 Council Executive, our Chaplin Rev. Father John Buis (Centre) and Assistant Chaplin Rev. Father Michael Basque (R) Deacon George Newman (L) surrounded by the 4th Degree Honour Guard just after our Mass and Installation ceremonies on June 13, 2011 in front of our hall on Church Street.
A MESSAGE FROM THE GRAND KNIGHT

Grand Knight John Currey
and wife Kathy

A new year is here!
A year of Growth, improved Succession and Service is behind us and we move positively forward into our 102nd year as the Father of the St. Catharines group of Councils.

We had a great Installation Ceremony and Mass in June and our new group of officers is composed of 10 members who have been members of the Council less than four years. I am very pleased with this composite group of more senior members and newer members. The succession of new ideas, new thoughts, new methods of achieving our society’s principles is encouraging. Without new leadership, oldness encourages stagnation. And without older, wiser heads, youth can be difficult to keep between the ditches. We have, at 1394, achieved the best of the best.

In the last VANGUARD was listed a succession of improvements to the Hall and accomplishments at the Council. A major addition to this list just happened in mid-June, our basement flooding problem was solved by the City. After much pursuit by our Hall Manager the City finally dug up the miscreant drain in front of the Hall, repaired it and we are now, hopefully, going to be able to play pool and cards without hip-waders.

We were pleased, again, to be invited to Sts. Cyril and Methodius Parish for their annual Mass celebrated in honour of the Knights of Columbus. Father Choly, as always, was his accommodating, explanatory self and held our hands, literally, throughout the Mass and regaled us afterward with a brief explanation of the elaborate Icons in the Church. (It took one parishioner eight solid years to complete!) He has extended an invitation to any group of Knights and guests of 10 or more, on a Fall week day afternoon to an extended tour of the Icons of the Church. It will be a wonderful experience and we will let you know more about it as plans develop.

Plans for the Mass for the Deceased are coming together quite well. Wilma Vanderzwaag, the new President of the Diocesan CWL and Brother William Mathie have done a great job of getting word of this out to all parishes and Councils in the Diocese and encouraging their participation, Wednesday, November 16, 2011 at 7:00pm at St. Thomas Aquinas Church at 316 Queenston Street in St. Catharines.

We had a very good Car Raffle program this year chaired by Brother Vic Di Vincenzo who brought our Council in at 4th place in the entire Province in sales. Plans are underway for the 2012 season.

Our Bingo, Euchre and Hot Dog programs are doing well this year with new equipment, improved pricing and, yes, always in need of help from the membership. Don’t hesitate to volunteer when called by Brothers John Nixon, Bill Perry, Jim Stack to come and help. Remember Brothers Mike Jackowitz and Walt Cybulak are there at every Bingo quietly working away in the back room to make Bingo work for us.

We have a new chairman for the St. Patrick’s Day dinner next year, Brother Brian LeBlanc and his Irish assistant, Brother Sid Michaud (Maybe that should be O’LeBlanc and O’Michaud?)

Brother Des Kennedy is back with a new idea and has accepted chairmanship of the new proposal. A year off did Des good! Wait until he hears I’m going to ask him to resurrect the Turkey program. Don’t tell him, let’s surprise him. He’s been the only one successful at it!

Our Breakfast program chairmen, Brothers Perry and Nixon are beginning to look for quality eggs for our November and February sessions. This is always a fun morning where those who work can meet and greet other Brothers and their families and meet prospective new members who can see what some of the things are we as Knights do.

Also we will be having a combined Columbus Day/Past Grand Knight dinner again this year and this important function is in need of a chairman.

We hope to see you at our next meeting, Monday, July 11, at the Hall at 7:30pm. Our next regular meeting will be, Monday, September 12 at 7:30pm at the Hall. Plan to attend both. We look forward to your fellowship!

If you come, you can see the great job done by the Brothers who cleaned up the parking lot, painted the back steps and railings, front of the building and painted over the graffiti plus re-planted the PGK Riordon Garden. Looks great!
The Council will be dark for the month of August so we can all enjoy our families and back yards. Vivat Jesus! jc

DEPUTY GRAND KNIGHT’S MESSAGE

My Brother Knights, it is time to reflect on our passed Fraternal year and all of our goals set and met. Congratulations go out to our Worthy Grand Knight John Currey on the exemplary job and leadership during the past year. I wish him continued success in the up coming year. I would like to assure John of my support and without question, the support of all Brother Knights of Council 1394.

As Deputy Grand Knight, I pledge to do all I can to warrant their faith in me again as D.G.K. I would like to welcome and commend the new members who have been nominated and accepted their roles as officers for the fraternal year 2011-2012.

I wish all my brother Knights a safe and healthy summer. May God bless, Ron Adams D.G.K
**ASSISTANT CHAPLAIN’S MESSAGE**

Ordinary Time seems so ordinary. It lacks the element of sacrifice we associate with Lent, the drama of Holy Week and the joy which comes with Easter. The Gospel stories we read on Sundays during this liturgical season are about the daily ministry of Jesus: one week he imparts an important teaching and the next week he heals someone. For this reason, many people find this time of year spiritually monotonous. As we count off the weeks, we begin to realize Advent and Christmas are closer than we think.

Yet, Ordinary Time challenges us to see how holiness can be found in the things we often take for granted. Our looking up into the night sky on a summer camping trip teaches us the wonder of God’s creation can never be fully appreciated. Our health is something we don’t think about very much until we get sick or develop a condition like high blood pressure. Then we learn to appreciate how life is a gift from God. Our ability to set up a new computer (or install a new program on the old one) reminds us we can still learn new things. St. Therese of Lisieux wrote the secret to holiness is learning to do the little things with great love. Part of that process includes seeing how the ordinary events of life are filled with God’s presence. By doing so, we begin to treat the things we encounter each day, like the environment, with respect because they come from God. We recognize in ordinary events, such as letting someone go ahead of us in traffic, the opportunity to show our love for God and neighbour. May this season of Ordinary Time be a time to rediscover we do not need to look any farther to find holiness than our backyard.

*Fr. Michael Basque, Assistant Chaplain.*

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**JULY**  
William A. Davey 12th  
Corry L. Vanderlee 14th  
Dr. Frank G. Coholan 17th  
Alan R. Shanley 18th  
Vincent C. Peters 19th  
Peter A. Mahoney 26th  
Francis D. Dwyer 27th  
Walter Krawchuk 30th

**AUGUST**  
Edward Ford 1st  
Robert D. Mline 2nd  
John J. Somogyvari 2nd  
Michael J. Jackowitz 4th  
Charles E. Theriault 7th  
Frank B. Dombek 13th  
F. Bernard McDonell 13th  
Ronald W. Adams 15th

**SEPTEMBER**  
Desmond P. Kennedy 1st  
Kerion McConville 2nd  
Robert D. Williams 5th  
Metro Matt Baraniuk 6th  
Owen P. McAllister 6th  
Joseph Karabinos 9th  
Roy E. Moen 9th  
Norman J. Papineau 12th  
Deacon George Newman 16th  
Geoff Haimes 17th  
Deacon John Kit 19th  
Brian D. LeBlanc 25th  
Theodore S. Trojanowski 25th  
James P. Skehin 26th  
Tony Lipiec 29th

**Happy Birthday**

To all of our Brothers who are celebrating that special day in these months of 2011.

Please don’t hurt yourselves blowing out all of those candles!

---

**Please check the enclosed calendar for upcoming events.**  
If you are available to help, please let the Event Chairman or Grand Knight know, you will be glad you volunteered!
I hope everyone has been enjoying the lovely wet spring that we have been experiencing, but I am sure most of us are ready for summer!

Brothers, most of us have paid our dues, but there are still some members that have not paid up for 2011. Dues are still $48 for Regular and $9 for Honorary Members. Please try to find the time to send in your money, and save your Council some time and effort to collect it.

At this time we have 94 regular, 74 honorary life, and 1 honorary member for a total of 169 members on our roster. Welcome to our two newest members: back with us again is Dr. Viktor A. Kuraitis, and our newest First Degree member is Don J. Mikulinski.

Corry Vanderlee - Financial Secretary

Just a few lines to say thank you to my nominator and to those of my Brothers, especially my predecessor of note, who encouraged me and offered their support when I sought the position of Chancellor. Please pray for all the members of the executive that we may be open to the Holy Spirit and guide our council to a great successful year.

Keith Beaulieu - Chancellor

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Corry Vanderlee - Financial Secretary

My Brother Knights: Summer has finally arrived! Congratulations to all the members of the last Executive Committee for a job well done. Remember, it is important we support our Executive and volunteer for any future initiatives they pursue.

Please consult the enclosed calendar frequently so as to not miss any important upcoming activities.

As special thanks to GK John Currey, the Knights and ladies of the CWL of St. Thomas Aquinas for putting on another excellent breakfast in the Hall. There are plans for another breakfast in October as part of the 50th anniversary celebrations. I will let you know when we have nailed down a date.

Have a great summer, please drive carefully and you can always stay in touch with the council through the website.

Brian Whittaker - Vanguard/Website Editor

While times have certainly changed since our Order’s humble beginning in 1882, inspired by Father Michael J. McGivney’s vision, our mission to keep Catholic families intact, protected and financially secure never has.

Today, with more than $80 Billion of insurance in-force protecting members and their families, the Knights of Columbus consistently earns the highest ratings for strength and security from Standard & Poor’s and A.M. Best. We are the only insurance company in Canada with both endorsements.

Are you taking full advantage of the various programs available to you and the members of your family? If so, call me for a review of your existing portfolio so I can bring you up to date on how your policies and or investments are doing.

Should you not yet be taking full advantage of your very own “Fraternal Benefits Society” please call me today to find out more about all the various products we offer. Allow me to make free, no obligation recommendations that may be beneficial to You and YOUR family. With 29 years of experience with Knights of Columbus Insurance, I am here to help!

I look forward to meeting with you soon. God Bless!

Jean-Guy Lalonde, FIC, CSA
Office: 905-262-1089
E-mail: jean-guy.lalonde@kofc.org

The March for Life on May 13 saw over 15,000 gather on Parliament Hill and pray silently as they walked several blocks through the streets of Ottawa to demand legal protection for the unborn. The protest brought together young and old, Catholic and other clergy, several Canadian bishops, and many members of our Order in full regalia. Three buses went from St. Catharines to the March.

Council 1394 has sold lapel Roses for Life at St. Denis, Star of the Sea, and St. Alfred’s Churches in the past several weeks and will continue with sales at St. Thomas, St. Julia’s, St. Patrick’s, and Queen of Angels in the fall. Please call me at 905-684-7569 if you can help with the sales. The amount we can raise depends on the number of volunteers.

At their 108th Ontario State Convention the Knights of Ontario passed a resolution unanimously to work with our MPs to pass a law that would restore legal protection for the lives of the unborn. The Convention also urged local Council’s to support the March for Life in any way they could.
The Vanguard

TREASURER’S REPORT

I am pleased to report that the Council bank account shows a balance of over $11,000.00 of disposal income.

This is significantly higher than the balance in the account as at the end of the previous fiscal year. Our Council sold $14,140.00 worth of raffle tickets for this year’s car sales. Our congratulations go out to the Chair, Victor Di Vincenzo and his sellers, for a job well done.

It was an honour and a pleasure to be able to attend this year’s Ontario State Convention at the Doubletree by Hilton hotel in Toronto. This was my first time attending and I was a Voting Delegate.

I found the process of voting on the 14 submitted Resolutions very interesting and informative. The State Board also introduced the revised format for induction into the 3rd Degree. This will come into effect with a directive from the State Board in July.

Finally, I would like to thank Brothers Ron Adams and Carl Pearson for their nominating and seconding me for re-election as Treasurer for the Council for the 2011 / 2012 year. Have a safe and happy summer.

Joe Karabinos - Treasurer

UNITY SCULPTURE DRAW

1,250 tickets have been printed for the drawing of a magnificent sculpture donated to Council 1394 by Brother Vic Di Vincenzo. Over 300 of them are already out with Brothers to sell at $5.00 each.

We have until December 12, about one a month per member, to sell all these tickets and then have the drawing by our Chaplain at our final General Meeting of 2011 and some lucky person will be able to take this fantastic sculpture home and prominently display it. One Brother told us a person bought a ticket and said if they won they would be donating it to their Parish for display for the many members there. That person could also receive a very nice tax deduction for their generosity!

Please see John Currey (905) 938-5000 and take a book of 10 tickets to sell to your friends and acquaintances and help our Council take advantage of Brother Vic’s extreme generosity! jc

In Memoriam ...

Please don’t forget to pray for our deceased Brothers around the world and especially for the Brothers of Council 1394 who left us in 2011.

William C. Clifford 06-June-2011
Victor M. Baraniuk 04-Apr-2011
James P. Heysel 17-Jan-2011

Also, please pray for all Brothers who are ill, in hospital or who are home-bound! Visit or call them when you can!

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COMMENTS FROM PROGRAM DIRECTOR

Breakfasts, Euchre Nights, Bingo

I would like to thank everyone who has assisted and participated in the breakfasts, Bingo and Euchre Nights throughout the year.

There will be NO euchre from July to September and will resume in October. Please come and join us for a night of fun.

Bingo nights are going well and we are always looking for volunteers to help. If you are interested call Jim Stack (905) 934-0101 or myself (905) 687-1753. See the enclosed calendar for bingo night dates.

In the fall, we will continue to have our very popular Sunday Breakfasts. Again, if you would like to help with cooking, clean-up, serving etc. please give John Nixon (905) 646-5701 or me a call (905) 687-1753.

PGK William Perry

COOKING WITH THE KNIGHTS

Brother Des Kennedy has suggested we put together a Knight’s Cook Book AND he has volunteered to lead the project! This is a great way for us to share our kitchen secrets with each other, with the community and to broaden general knowledge about our society.

During the next year Des proposes to collect favourite recipes from all our members – over 170 of us – with pictures if you have them, edit them, test them (no salt/sugar errors) and design and publish our very own 1394 Cook Book.

You will be hearing more from Des about this as we proceed. So, begin to think about your favourite family recipe for a dish, get it down on paper and let’s all make this a total Council project!

The Happy Cooker
**HALL MANAGER’S REPORT**

We had a spring clean-up crew do our parking lot, bingo side of fence and around the garbage bin of the apartment building next door. They also did a great job on driveway potholes. **THANKS GUYS!**

The hall floors have been waxed and John Currey and I did some outside painting, pressure washed the front of the building. Thanks to John Currey and Corry Vanderlee for their hard work on the back garden. **Brian LeBlanc - Hall Manager**

**EASTERN RITES MASS**

Dear Brothers,

The Mass at Sts. Cyril and Methodius on May 30 was a wonderful experience. A special thanks to all who attended from our Council.

Father Choly, after the liturgy, spoke for a few minutes on the icons decorating the church’s interior. It was fascinating to hear how all the icons depict biblical themes, theology and the Christian orthodoxy. (The icons were done by one person from the church over an eight year, full time, period.)

When asked about an expanded version of his tour he said that for a group of ten or more Knights, and I assume guests, he would take us on a tour that would last about an hour and a half.

He prefers it be scheduled during the day and during the week. While those of us still working would have a problem there are certainly enough of us who are retired that we could easily fill out a group and perhaps more.

I talked to other Grand Knights about letting their Council know about Father’s offer and they were going to take it back to their Councils to see what the interest is.

Some of our members said they would definitely be interested, some prefer to wait until fall and vacations are over also.

Let me know by return email if you are interested and we will explore the possibility of doing this! **jc**

**BROTHERS IN CONTACT**

Joe Dwyer has volunteered to chair a group of Brothers to visit and communicate with our members who are infirmed, hospitalized or simply need contact.

Nine Brothers have volunteered their time to be the Parish contacts for this committee.

We know there are members who are not able to get out of the house, are in retirement residences, hospitalized or just in need of a friendly phone call or personal visit.

These nine Brothers and Joe will try their best to fill these needs. The nine Brothers will be the eyes and ears of the Council in their respective Parish and let Joe know of any Brother/s in need of a friendly visit or phone call. Joe will talk with them and determine how best he and the Parish contact can help the Brother/s in need.

Each of the nine should contact and let his Parish Priest know of Council 1394’s efforts and organization and ask the Priest to let them know when a Brother/s is in need.

These nine are by no means the end all. Every Council member should always be alert to a Brother in need and do what he can and also let Joe know about the need.

The nine Brothers names and phone numbers are listed on the back of this note.

Thank you for volunteering your time for this very charitable program! **jc**

**PARISH: CONTACT BROTHER: PHONE NUMBER:**

<table>
<thead>
<tr>
<th>Parish</th>
<th>Contact Brother</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cathedral</td>
<td>Joe Dwyer, Chairman</td>
<td>905-684-1433</td>
</tr>
<tr>
<td>Star of the Sea</td>
<td>Joe Karabinos</td>
<td>905-688-8420</td>
</tr>
<tr>
<td>St. Patrick</td>
<td>Ron Bak</td>
<td>905-684-5495</td>
</tr>
<tr>
<td>St. Julia</td>
<td>John Fajta</td>
<td>905-682-7865</td>
</tr>
<tr>
<td>St. Thomas</td>
<td>Geoff Haines</td>
<td>905-646-7561</td>
</tr>
<tr>
<td>Cathedral</td>
<td>William Mathie</td>
<td>905-684-7569</td>
</tr>
<tr>
<td>St. John</td>
<td>Bill Walters</td>
<td>905-646-3583</td>
</tr>
<tr>
<td>St. Vincent</td>
<td>Nick Marino</td>
<td>905-468-7826</td>
</tr>
<tr>
<td>St. Mary’s</td>
<td>Bill Perry</td>
<td>905-687-1753</td>
</tr>
<tr>
<td>St. Dennis</td>
<td>Mike Tapp</td>
<td>905-646-4382</td>
</tr>
</tbody>
</table>
THE VANGUARD
Knights of Columbus
St. Catharines Council 1394
235 Church Street
St. Catharines, ON L2R 3E8
Tel & Fax: (905) 688-1394
Website: www.kofccouncil1394.org
Email: contact@kofccouncil1394.org

THE HAPPY COOKER
This easy to prepare and very tasty recipe came for a friendly chef at a great Long Beach, California restaurant in the early 90’s.

OSSO BUCCO

INGREDIENTS:
1. 2” Thick Veal Shank per person. (Insist that your butcher prepare your cuts from between the knee knuckle.)
   - 1/2 Cup Flour
   - 4 Tbsp Olive Oil/butter
   - 1/4 Pound Butter
   - 1/2 Cup Water
   - 3 Cloves Garlic, chopped
   - 2 Carrots, 3/4” pieces
   - 3 Stalks Celery, 3/4” pieces
   - 1 Med Onion, chopped
   - 1/2 Lemon Peel, Grated
   - 2 Tbsp Tomato Paste
   - 1 Tsp Basil, dried
   - 1/2 Cup Wine, dry white
   - 1/4 Cup Parsley, fresh chop
   - 1 900ml Beef Broth

PREPARATION: Wipe the veal with a damp towel, combine salt, pepper and some of the flour and rub into the meat.

COOKING: Saute the veal shanks in a heavy skillet using half of the olive oil. Adding some butter to the oil will really improve the final tasting. --> Remove well browned pieces and set aside. De-glaze the skillet with half the wine.

Add the remainder of the oil and a bit more butter then add chopped garlic, carrot, onion, water, wine, grated lemon peel, dried basil, tomato paste, celery pieces and half the chopped fresh parsley.

The veal can either be placed in a heavy skillet and cooked covered, over medium heat for one and a half hours or placed in a heavy roasting pan with the ingredients from the skillet poured over the meat and covered with doubled foil and placed in a 325°F preheated oven for two.

When the veal is well done, but not overcooked to point of falling apart, remove from the liquid and pour the liquid through a strainer, discarding the vegetable pieces and skim any fat from the remaining liquid and then put liquid in a sauce pan over medium heat and reduce by one half.

SERVING: Place one shank one each serving plate and pour some of the reduced liquid over the shank and complete the plating with a generous portion of spatzel (with sauce if preferred) and fresh whole green beans that have been prepared by quickly steaming.

Sprinkle the remaining parsley on each presentation plate. Freshly shaved Parmesan cheese makes a wonderful addition to the plate presentation. A stick of baguette bread accompanied by a hearty Burgundy or fruity Chardonnay accompany this meal with perfection.